



The Spa Menu Stoneridge

Let yourself relax, unwind and drift away under the skilled hands of our experienced massage and beauty therapists.

All of our indulgent treatments are available in the comfort of your accommodation so that you can experience the luxury and relaxation of a five-star day spa without having to leave your room.

Please contact our reservations team for bookings - please note that 48 hours' notice may be required to guarantee therapist availability.

[Contact Us](#)

All Spa Menu bookings are subject to therapist availability and a minimum of 48 hours' notice may be required. Stoneridge will invoice treatments to clients directly. All prices are in \$NZD excl GST. Bookings are 100% non-refundable if cancelled within 24 hours. Groups of four or more require 7 days' notice of cancellation. A surcharge of 20% will be applied on New Zealand statutory holidays.



Massage

Bookings

For bookings please access your online portal or email enquiries@stoneridge.co.nz and we will send you your portal link. Please note all bookings are subject to therapists availability.

Relaxation Massage ●#

A Swedish relaxation massage is the most common and best-known type of massage. This is a light-to-medium pressure, soothing, rhythmic, full body massage that helps to relieve muscular tension, improve circulation and relax the body and mind.

Deep Tissue Massage ●#

Deep tissue massage consists of different techniques using forearms, fists, elbows and hands, and can include some trigger point work. The pressure is medium-hard and is used to circulate the blood, to get into the connective tissues and release tight muscles and areas of tension. Perfect to aid in recovery after an adventure day sightseeing, hiking, biking, skiing or snowboarding. Your therapist will tailor your massage to your specific needs.

Pregnancy Massage ●#

Pregnancy massage is a nurturing, flowing massage for the mother-to-be to ease her body and mind, concentrating on all those pregnancy aches through the feet, legs, lower back, neck and shoulders. We use a natural side-lying position on the table, comfortably supported with specifically-placed pillows for the ultimate rejuvenating experience.

**Please be aware that pregnancy massage can only be performed from 13 weeks.*

The Muscle Release

An intensive massage that works deep into stiff, tight, aching muscles to instantly release pain and tension. Swedish and cross muscle fibre massage techniques, with trigger points and fascia release, are combined for the ultimate muscle tension release.

Signature Massage

This full body massage has been designed to relieve the stress of modern day life, leaving you feeling deeply relaxed and indulged. This treatment moves from your head to your toes and concludes with the deeply relaxing ultimate face and scalp ritual, dissolving away all of your stresses and tension.

**120 min option only*

Pricing

Classic spa treatment ●

\$365 per couple | \$182.50 per person
– 60 min

Deluxe spa treatment

\$679 per couple | \$339.50 per person
– 90 min + 30 min Feet Treat OR Ultimate Face & Scalp Ritual
OR
– 120 min

Feet Treat (30 min)

Having your feet massaged stimulates and balances energy to relieve pain, reduce stress and anxiety and boost health. The Feet Treat is the perfect way to start or finish your massage or spa treatment. Only available as an addition to a treatment or package.

Ultimate Face & Scalp Ritual (30 min)

This 30-minute ritual is the best way to finish your massage or spa treatment. Effective and relaxing, the thorough and flowing massage sequence with aromatherapy facial oil will relieve any final tension and stress held in the face and body. Only available as an addition to a treatment or package.



Facials & Body Treatments

Bookings

For bookings please access your online portal or email enquiries@stoneridge.co.nz and we will send you your portal link. Please note all bookings are subject to therapists availability.

Detox Facial ●#

This multi-detox speciality facial is designed to purify and provide a detoxifying experience while it calms and restores balance to unhealthy skin. We use a high potency multi-clay mask with kaolin and bentonite that is formulated to promote cell renewal, detoxify and calm all skin types.

*60 min, and 90 min + 30 min Feet Treat options only

Organicspa Facial ●

Nourishing and nurturing, this facial is perfect if you enjoy a simple and effective targeted treatment for your skin type. Using the Organicspa professional skincare range, your skin will be left glowing and refreshed.

Anti-Aging Facial ●#

Helping to restore youthful radiance by strengthening and repairing the skin tissue, this speciality facial aids in slowing down the ageing process. A highly-concentrated age-defying vitamin C and E mask infused with powerful antioxidants is the hero of this facial, restoring hydration and reducing the visible signs of ageing.

*60 min, and 90 min + 30 min Feet Treat options only

Moisture Infusion Facial ●

For dehydrated skin, this speciality sheet mask infused with powerful antioxidants and drenched with hyaluronic acid will soothe and replenish your skin. This hydrating and moisture-locking treatment will replenish thirsty skin and combat dehydration. Our hyaluronic acid sheet mask infuses deep hydration, drenching your skin and providing a cooling effect while a pressure point facial massage relaxes and relieves tension.

Refresh Body Polish ●

This refreshing all-over body exfoliation & layering of nourishing products will leave your skin looking radiant and feeling wonderfully-smooth.

Refresh Body Package

Enjoy a 60 minute massage, followed by our 60 minute refresh body polish.

*120 min option only

Timeout Package

Enjoy a 60 minute massage, followed by our 60 minute Organicspa facial.

*120 min option only

Pricing

Classic spa treatment ●

\$365 per couple | \$182.50 per person

- 60 min

Deluxe spa treatment

\$679 per couple | \$339.50 per person

- 90 min + 30 min Feet Treat OR Ultimate Face & Scalp Ritual

OR

- 120 min